



Cafe Hours:
Breakfast 7am-10am
Lunch 11am-2pm

OCTOBER 2025

The Hartford: North Plaza
October 6th – October 10th

GRILL

ENTREE

DELI

SOUP

PIZZA



Did you know? We use local distributor Freshpoint to supply all of our Fresh Produce. They work with local farms like Beckett Farm and Holcomb Farm.

MON	TUES	WEDS	THURS	FRI
Chicken Quesadilla	Patty Melt	Buffalo Chicken Quesadilla	North Plaza Tuna Melt	Chicken Quesadilla
Closed	Pasta Bar	Butter Chicken	BBQ Beef	Closed
Create Your Own Sandwich	Turkey, Cheddar & Cranberry Mayo	Turkey, Cheddar & Cranberry Mayo	Turkey, Cheddar & Cranberry Mayo	Create Your Own Sandwich
Chicken Noodle Minestrone	Chicken Noodle Broccoli Cheddar Minestrone	Chicken Noodle Chili Con Carne Minestrone	Chicken Noodle Chili Con Carne Minestrone	Chicken Noodle Minestrone
Cheese Pepperoni	Cheese Pepperoni Meat Lovers	Cheese Pepperoni Meat Lovers	Cheese Pepperoni Meat Lovers	Cheese Pepperoni

Menus Are Subject to Change



Additional nutrition information available upon request.
2,000 calories a day is used for general nutrition advice,
but calorie needs vary.



Eat Well



Vegetarian



Vegan



Whole Grain



Plant Forward



Cool Food Meals